

One Million Mentors: Mini Info Booklet (NCS)

#ItStartsWithOne

Our mission

(partnered with NCS)

Supporting who?

Young people aged 15-17yrs

(NCS-specific, normally 14-25yrs)

The commitment?

One-to-one.

One hour a month.

Twelve months.

How?

Hybrid *(online & in-person)*

One Million Mentors is a unique, community-based mentoring programme, bringing together local young people, employers and professionals (retired), and partner organisations. The aim is simple: **to transform society by connecting one million young people with one million opportunities.**

Join us for social change...
on a national scale.

1MM

**1. can mentoring help?
we evaluate.**

**One Million Mentors.
#ItStartsWithOne.**

Impact.

Before mentoring

National findings: MENTEES

mentee impact*

After mentoring

EMPOWERMENT

33%

The percentage of mentees who know how to go about getting the experience or training needed for their aspired job/ qualification.

81%

WELLBEING

56%

The percentage of mentees who said they feel positive about their future.

75%

SOCIAL
CONNECTEDNESS

38%

The percentage of mentees who feel they know someone they can call on for employment advice.

75%

On aggregate, the impact was positive for every measure in these 3 themes; Empowerment, Wellbeing, Social Connectedness

*Results are averaged from paired pre & end-mentoring evaluations, for relationships taking place between a 5yr period from 2017 to 2022.

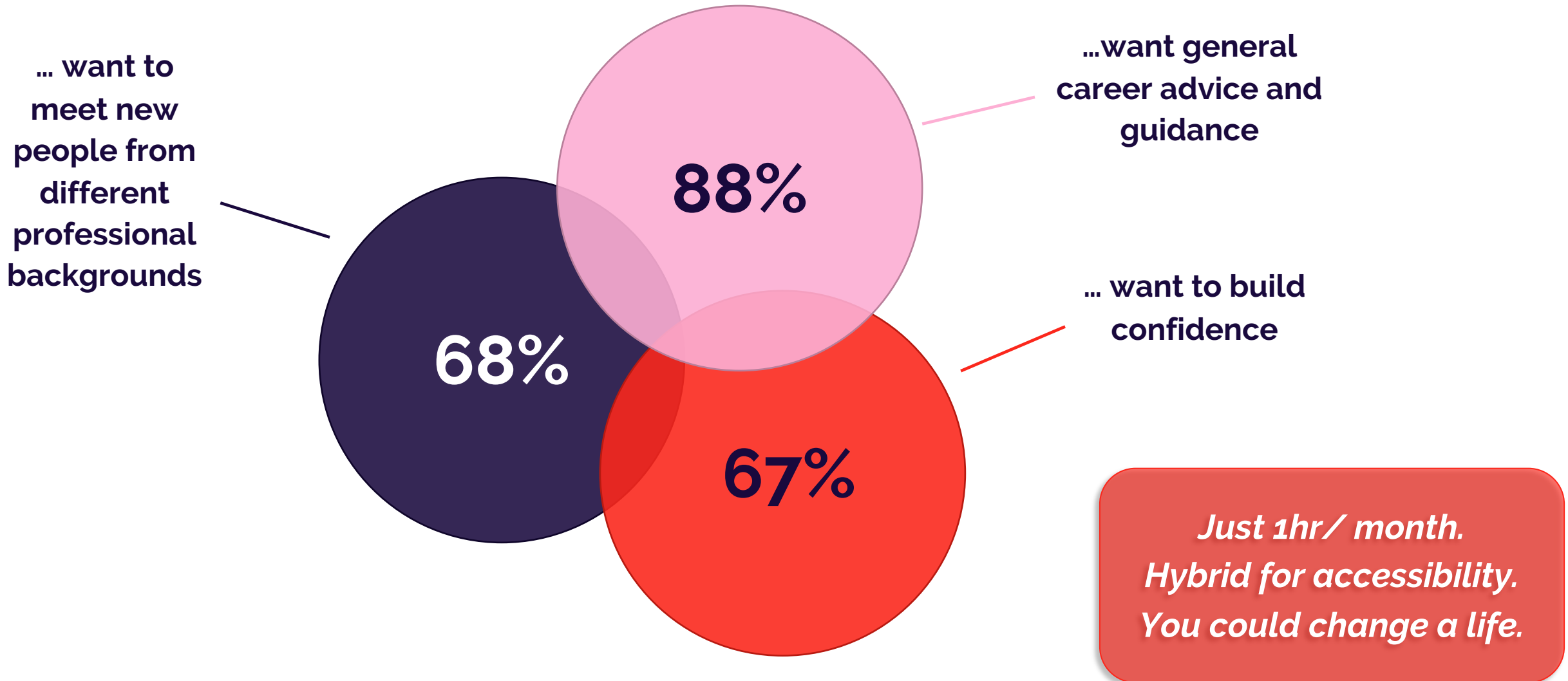
1MM

**2. asking yourself,
“but, can I help”?**

**One Million Mentors.
#ItStartsWithOne.**

National Insights: what have young people been wanting?

Everyone who applies to 1MM must complete a pre-evaluation, providing significant insights into a young person's needs.



1MM

3. your journey.

One Million Mentors.

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Mentor: a volunteer's mentoring journey



Access tools & resources
Provide feedback via evaluations
Network with your community of mentors

Pre-Mentoring

Mentor workshops.

In addition to the 1MM Platform's training modules, our virtual workshops have become the heart of our community-building drive.

99% rating of good -> excellent

97% highly recommend the 1MM Mentor Training Programme.

Mentee workshops.

In addition to the 1MM Platform's training modules, under 18s attend a mandatory induction, and over 18s can attend our virtual workshop.

97% rating of good -> excellent

97% said it helped them feel more prepared for a mentoring session.

During & Post-Mentoring

Mentors.

- Ongoing Support: Bulletin
 - Ongoing Support: Skill Builders
 - Ongoing Support: Resources
- Monthly Check-Ins

92% gave the 1MM Programme an
NPS score of 7-10.



Certificate of Achievement

This certificate is presented to

Your name goes here...!

In recognition of completing both the individual platform training, and the group mentoring workshop.
CONGRATULATIONS, you're now a fully trained 1MM mentor!

One-to-one. One hour a month. One life changed.

A handwritten signature in black ink that reads 'Alveena Malik'.

Alveena Malik
Co-Founder & CEO



?? ?? ??

Date of completion

Participation as a mentor

1MM reserves the right to decline any application for the role of a mentor or to bring to an end the role of any mentor, for any reason in its discretion including but not limited to circumstances where:

- The volunteer cannot perform, in the reasonable opinion of 1MM, the tasks required for the mentor role.
- The volunteer does not comply with 1MM's requirements.
- The volunteer can no longer commit the necessary time required for the role.
- The volunteer's performance or behaviour is below the standards reasonably expected by 1MM.
- The volunteer infringes our volunteer safeguarding guidelines.

Frequently asked questions

Are there any payments to mentors for their time?

One Million Mentors gives free online training and support to prospective mentors approaching us independently. All we ask is for mentors to volunteer free of charge, is one hour a month for up to 12 months. If joining as part of a larger employer's initiative, we hope there is interest in supporting the 1MM mission via a corporate partnership.

How long does the training take?

From signing up to meeting your mentee will take 8-12 weeks. To become a 1MM mentor, you'll need to complete our online training, lasting 1 to 2 hours, and generally done within 14 days. Don't worry, your progress is saved so you can do it whenever convenient. Our mentor development package also includes a 2hr core mentor workshop.

Sounds like a big commitment? It is, but time spent developing essential mentor skills will make you an effective mentor and that's important. A few hours invested now will help a young person for the rest of their life.

What if I am not selected for a mentor match opportunity?

Don't be discouraged. The numbers of young people signing up are increasing month on month. We might not be able to find the right match for your skills just now, but you could well be the best match for the next young person that joins us. We thank you for your patience, and we will continue the search for an appropriate match.

What if my mentee and I do not 'click' on a personal level?

Give it time. Often connections get stronger as people get to know one another, but if by the third session you still feel it's not working, please reach out to us for advice. You can find more tips on what makes a good mentoring relationship [here](#).

Frequently asked questions, cont'd

Where should my mentee and I meet?

For over 18yrs old mentees, all mentoring sessions will initially take place via video conferencing. If over the course of the year, you and your mentee choose to meet in person then we recommend that you meet somewhere public such as where you work, where they study, a coffee shop or library. Don't meet at one another's homes. For under 18's, the programme is a modern hybrid of online sessions and some in-person meetings at the Youth Partner's premises, to strengthen the relationship and maximise impact.

What if my mentee makes a disclosure?

If your mentee discloses current child abuse, or is in danger of harming themselves or others, you must tell the Designated Safeguarding Lead or Mentoring Coordinator at the relevant institution, or in the absence of a Youth Partner, you should contact 1MM's Designated Safeguarding Lead.

For more information on confidentiality in mentoring, please refer to the 1MM Safeguarding Children / Adults Policy or 'Understanding Safeguarding in More Detail'.

How long is a typical mentoring relationship?

The longer your relationship, the more meaningful and productive it's likely to be.

We encourage mentors to meet for one hour, once a month, for up to a year, although shorter mentoring periods are possible.

What should I do if I find a problem with the platform?

If you have any technical issues using our platform, email us at enquiries@onemillionmentors.org.uk and we'll fix it as quickly as we can.

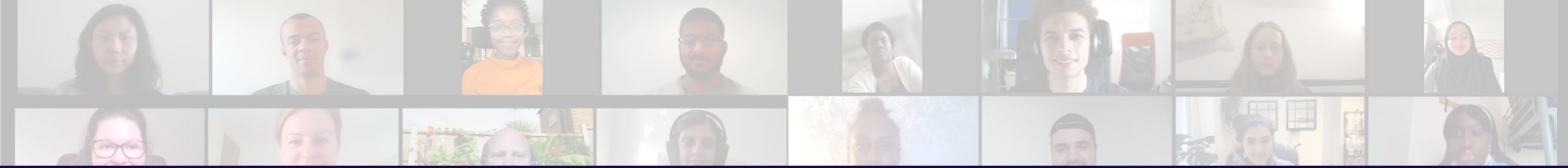
Frequently asked questions, cont'd

What do I do if my mentee buys me a gift, or I want to treat my mentee?

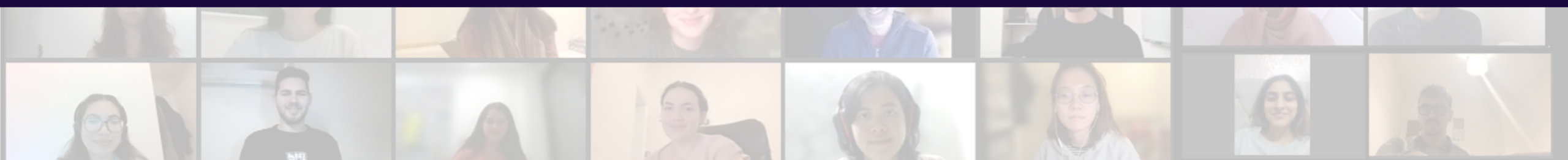
From time to time, mentors may be offered a gift from their mentee, or want to treat them to a gift as a reward. As well as small gifts, this can also take the form of food, drink and entertainment. Please see our full [mentor gifts and hospitality policy](#) which covers how to handle this whilst staying compliant with both the UK bribery Act 2010 and 1MM's commitment to safeguarding.

Can I communicate with my mentee outside of our mentoring sessions?

If your mentee is aged 18 years and above, and they agree to sharing their contact details, you can communicate via email or a professional social media platform such as LinkedIn or Twitter. If your mentee is under the age of 18, you must communicate via the Mentoring Coordinator at their institution.



IT STARTS WITH YOU.
1mm.org.uk



1 simple idea.
1 great opportunity.
1 life changed.
1 million new connections.

For more information, please contact:
enquiries@onemillionmentors.org.uk

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